

# BOCES NEWS TO USE

DUTCHESS BOCES Human Resources

Dr. Norah Merritt, Assistant Superintendent for Human Resources

April 2025

APRIL

## Retirement Links



- For members of the Employee Retirement System please see the link below for benefits <https://www.nyretirementnews.com/>
- For members of the Teacher Retirement System please see the link below for information and benefits: <https://www.nystrs.org/Active-Members>

### What's Ahead...

- May is Mental Health Awareness Month



Please use the link below to apply for vacancies within Dutchess BOCES. Our aim is to hire the most highly qualified faculty and staff in support of our mission.

<https://www.dcboces.org/node/1272>



## OPEN ENROLLMENT

The month of May is the Open Enrollment period when you can enroll or change your health plan options.

- All applications must reach the Benefits Office at the Administration Building on or before May 31, 2025. Changes will take effect July 1, 2025. <https://www.dcboces.org/business/health>
- If you wish to keep your current coverage, you do not need to do anything. Your existing health insurance will automatically roll over into the new school year with only a rate adjustment
- If you intend to take the buyout, you must renew your application by May 31, 2025.

If you have any questions please contact:  
**Stacy Swanson, Benefits Coordinator**  
v: 845.486.4800 ext. 2263



## You are not alone!

When things get to be too much, counseling can help make sense of things and keep you balanced. As part of your employee benefits, the Educators' EAP offers multiple CONFIDENTIAL options for support.

- A 24-7 in-the-moment helpline 800-252-4555 answered by highly experienced counselors
- A national network of therapists for ongoing in-person, telehealth or telephonic sessions
- One-to-one telephone Coaching programs for stress, personal finances, workplace, and many other issues
- 25,000+ Self-Help Resources at [www.EducatorsEAP.com](http://www.EducatorsEAP.com)

[Click here](#) to access a flyer that explains more about the various counseling benefits you can access. Be sure to share it with your immediate family members – they are eligible too!

## Help celebrate and recognize our colleagues!

There is still time to nominate someone for the Annual Employee Recognition Awards.

<https://www.dcboces.org/node/607>