

New York SNAP Benefits

Could you get help with your food budget?

Household Size	Income Limit Per Month*	Maximum Benefit Per Month
1	\$2,608	\$298
2	\$3,526	\$546
3	\$4,442	\$785
4	\$5,358	\$994
5	\$6,276	\$1,183
6	\$7,192	\$1,421
7	\$8,108	\$1,571

* Income limits shown for households with dependent care expenses

Higher income limits are available for households with a member who is over 60 years old or has a disability.

Benefit amounts depend on income, expenses, and household size. Additional eligibility criteria may also apply.

**APPLY or GET A
BENEFIT ESTIMATE**

