

Norah Merritt

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ESI - Employee Assistance Group

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Dear Employee & Family Members:

The Employee Assistance Program is available to help you resolve personal difficulties that may be affecting the quality of your life or job performance. Personal concerns with marriage, family, substance abuse, emotional stress, legal, financial or other issues can be minimized with professional assistance. The Employee Assistance program also provides help with everyday issues too, such as stress, childcare, eldercare, pet problems, home buying, and college tuition.

We have retained **ESI-Employee Assistance Group**, a leading provider of Employee Assistance Programs, to administer our program. No other EAP offers more benefits or more solutions to employees.

To access the program simply call the toll-free number 1-800-252-4555 or 1-800-225-2527. An ESI counselor will answer your call and work with you to develop an action plan to address your problem. If required, an appointment will be established for you with an ESI Network Counselor in your area or in another area if you prefer.

Or visit the EAP online at www.EducatorsEAP.com to learn more about the many benefits and services available to you and your family. Here you will find thousands of problem solving resources such as self-help tools and informative articles & videos addressing virtually every problem you might face. Some of the resources available online are financial & legal information, Lifestyle & Wellness Benefits and Personal Development Training.

Your confidentiality is always assured except as prescribed by State and Federal Laws involving child abuse or impending workplace violence. No information is given to your employer regarding your use of the program unless you sign a release of information authorizing this.

There is NO COST to you for using the program. Members receive unlimited and **FREE** telephonic counseling. We have also paid for initial face to face counseling sessions if needed. If you are referred for on-going treatment, be sure you understand the fees involved and the coverage provided by your insurance plan.

If you are experiencing personal difficulties you can't seem to resolve, we recommend and encourage you to take advantage of this valuable program. If you have questions about the program or the services available to you call **1-800-252-4555 or 1-800-225-2527.**

Sincerely,

Norah Merritt

Executive Director for Human Resources

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Dutchess County Board of Cooperative Educational Services

Administrative Offices: 845.486.4800

www.dcboces.org