ADULT LEARNING INSTITUTE

2015 Fall/Winter Course Catalog









Call Dutchess BOCES ALI 845.483.3640

Online Registration: www.dcboces.org/adults

Where Do You Start?

If a Literacy Class (HSE/ABE/ESL) is what you are looking for, come to our

rientatio



Every Wednesday at 8:30 AM!

ALSO available at the **Beacon Howland Library** 1st Monday of each month

Wednesday's at 3:30 PM! (2nd & 4th Wednesday

at 9:30 AM.

of each month) See pages 7,8,9,10



If you want to Learn Something NEW!
Check out this Catalog and find a

Class for You!

If a NEW Career is for you! **NURSING ASSISTANT PHLEBTOMY**

AUTO TRADES (page 11, 12) HVAC (page 14) **BUSINESS OFFICE SKILLS** (page 17)

PRACTICAL NURSING * (pages 4, 5, 6)

Please call 845-483-3640 and make an appointment to meet with the Nursing Coordinator regarding Admission application. See page 6 for more details.



Still Have Questions?

Schedule:

September 15th at 2:00 PM October 15th at 2:00 PM November 12th at 2:00 PM

See next catalog for Winter/Spring dates

Come visit us at ALI at One Civic Center Plaza for a no obligation ntormation Session!



Call 845.483.364 www.dcboces.org/adults

CAREER / TECHNOLOGY PROGRAMS
AUTOMOTIVE AND ENGINE TECHNOLOGY Auto Body Repair I for Beginners and Restorers
CONSTRUCTION TECHNOLOGY Arc Welding I 13 Arc Welding II 13 Residential House Wiring 15 Residential Plumbing 15 Window and Door Replacement 15 Lead Safety for Remodeling, 15 Repair, and Painting (RRP) 13
BUILDING SCIENCE Oil Heat Service Technician
HEALTH OCCUPATIONS Basic Life Support for Healthcare Providers 5 CNA – Return to Practice 4 Heartsaver, CPR, AED, and First Aid 5 Nursing Assistant 4 Phlebotomy Technician 5 Practical Nursing 6 Recertification of Basic Life Support for Healthcare Providers 5
SECURITY GUARD TRAINING 8 Hr. Pre-Assignment Security Guard Training17
LITERACY
ESL – English as a Second Language
2015/2016

2015/2016

Calendar dates Closed

School Closed - All Sites

Sep 7th • Sep 14th • Sep 23rd Oct 12th

Nov 11th • Nov 25th-26th-27th

Dec 24th • Dec 25th • Dec 31st

Jan 1st • Jan 18th

Sep 30th CTI Site Closed

PERSONAL ENHANCEMENT

THE ARTS Anyone Can Draw I	.23 .23 .23
COMPUTER TECHNOLOGY Access Database - Introduction	. 17 . 17 . 17
DANCE Basic Ballroom & Latin Dance Class Latin Dance Class	. 22
DRIVING RELATED Defensive Driving5-Hr. Pre-Licensing Course	. 19 . 19
PERSONAL ENHANCEMENT BartendingGetting Paid to Talk: An Introduction	
to Professional Voice-Acting History of Rock-n-Roll and Essential Recordings NEW!	
Long-Term Planning for Independent Living NYS Notary Public Training Passport to Retirement Yoga	. 21 22
PERSONAL HEALTH How to Avoid Stress Related Health Problems Natural Solutions to Digestive Problems Nutrition NEW! The Connections of Health NEW! Three Solutions to Health Problems NEW!	. 20 . 20 . 20

MAPS & OTHER INFORMATION

online
18
24
16
25
25-26
22



Scan QR code for online maps and directions brochure.

Go online, Call, or Stop by...

We'll see You in Class!

HEALTH OCCUPATIONS



Prepare to be a nursing assistant who provides quality care in settings such as nursing homes and hospitals. Develop basic nursing assistant skills through lectures, laboratory practice, and clinical experience. 100 hours of classroom work is followed by a required 50 hours of clinical experience. Upon successful completion, students must take a State Certification Exam. Excellent attendance is required. Payment Plan Available. Payment Plan



PREREQUISITES: Assessment Exams. High school diploma or equivalency **NOT** required. Physical Examination, uniform & shoes purchased by student.

EXTRA FEES:

State Exam Fee \$115; Book \$70, \$7 fee for First Aid Card, paid in cash at time of class.

DAY TIME SCHEDULE

HC-01F15SEPTALI1 \$1,325 + 9/21/15 - 11/18/15 Days: M-F 8:30 am-12:30 pm Sessions: 38(150 Hrs) Location: ALI Instructor: Holmes

. Available."

1/19/16 -3/18/16 HC-01W16JANALI1 \$1,325 + Days: M-F 8:30 am-12:30 pm Sessions: 38(150 Hrs) Location: ALI Instructor: Holmes

HC-01S16APRALI1 \$1,325 + 4/11/16 -6/7/16 Days: M-F 8:30 am-12:30 pm Sessions: 38(150 Hrs) Location: ALI **Instructor: Holmes**

EVENING SCHEDULE

HC-01F15SEPTALI2 \$1,325 + 9/15/15 – 12/1/15 Days: M-TH 4 – 8:00 PM Sessions: 39 (150 Hrs) **Location: ALI Instructor: Clear**

HC-01W16JANALI2 \$1,325 + 1/11/16 - 4/4/16 Days: M-TH 4 – 8:00 PM **Sessions: 39 (150 Hrs)** Location: ALI Instructor: Clear



CNA – Return to Practice

Has your Certified Nursing Assistant certification lapsed within the last ten years? This 30 hr. review course

helps prepare you to re-take the NYS Certification Exam.

EXTRA FEES: \$20 Materials/Supplies

THE CERTIFICATION EXAM FEE OF \$115.00 IS PAID DIRECTLY BY STUDENTS WHO MUST SCHEDULE THE TEST ON THEIR OWN WITH THE TESTING AGENCY.

Days: M-F

Davs: M-F

Sessions: 5 (30 Hrs) June 2016 **Instructor: Holmes**

Sessions: 5 (30 Hrs)

Instructor: Holmes

12/7/15-12/11/15

HC-03F15DECALI1 \$345 + 8:30 am - 3:00 pm Location: ALI

HC-03S16JUNALI2 \$345 + 8:30 am - 3:00 pm Location: ALI

HEALTH OCCUPATIONS



Phlebotomy Technician

Learn the technical knowledge and practical skills for an entry-level Phlebotomist position working in a lab, nursing home or hospital. Learn to perform a variety of blood collection methods using proper techniques and precautions. 75-hours of classroom work is followed by a required 75-hour clinical experience. Class dates DO NOT reflect clinical time. Clinical assignments are held in medical labs and hospitals throughout the Hudson Valley, and students are responsible for their own transportation. PREREQUISITES: Assessment Exam, Physical Exam, and Lab Coat required, but are not provided. High School Diploma or Equivalency. Clinical experience supervised by L. Tommasino.

EXTRA FEES: \$55 Textbook/\$105 Exam

HC-30F15SEPTALI2 \$1,550+ Sessions: 25 (75 Hrs) Days: T-TH 12:30 - 3:30 PM 9/22/15-11/19/15 Location: ALI **Instructor: Tommasino**

Next Phlebotomy class will begin January 19, 2016.

NEW! Coming Spring 2016

Nurse Assistant for English Language Learners!

This class will have 50 additional hours incorporated to assist new English learners with the reading and writing material. The classroom will be ENGLISH ONLY, all testing within the class and from New York State will be done in ENGLISH. Support of a bi-lingual ESL teacher will be available.

Students interested in this option are strongly encouraged to enroll in the Health Careers ESL classes held at ALI starting in October 2015. Please call 845.483.3640 ext. 6103 to get more information. See more information on our Literacy Pages 8-9.



Heartsaver CPR, AED and First Aid

Certificate is good for two years. This course is designed for the lay rescuer and is OSHA approved. Students learn CPR recognition of Stroke, Heart Attack, Choking, Cardia Arrest, First Aid, and how to use an AFD.

EXTRA FEES: \$14 textbook/\$7 Certification card (\$7 payable to instructor on 1st session.)

HC-28FL150CTALI \$50 + Sessions: 1(7 Hrs) Days: SAT 9:00 am - 4:30 pm 10/3/15 Location: ALI **Instructor: Miglio**

Basic Life Support for Healthcare Providers

Certification good for 2 years.

EXTRA FEES: \$12 Textbook/\$7 Certification Card (\$7 payable to instructor on 1st session.)

HC-26F150CTALI \$60+ Sessions: 1(6.5 Hrs) Days: SAT 9:00 am - 4:30 pm 10/24/15 Location: ALI **Instructor: Miglio**

Recertification of Basic Life Support for Healthcare Providers

Recertification course.

EXTRA FEES: \$12 Textbook/\$7 Certification Card (\$7 payable to instructor on 1st session.)

HC-27F15NOVALI \$50+ Sessions: 1(4Hrs) Days: SAT 9:00 am - 1:00 pm 11/7/15 Location: ALI **Instructor: Miglio**

Both courses cover CPR, foreign body airway obstruction, AED, barrier devices, two-person CPR and chain of survival. There is a written test with a minimum of 84% to pass.

TH OCCUPATIONS



Prepare for a rewarding healthcare career in a fast growing labor market. The Occupational Outlook Handbook predicts a 22% increase in jobs for LPN's from 2010-2020.

We are committed to providing excellent, competitively priced education that provides clinical and classroom instruction in preparation for the NCLEX-PN Examination (State Licensing Exam).



Application Process

- 1. Register for the PN entrance exam Test of Essential Academic Skills (TEASV)*. There is a \$200.00 (nonrefundable) fee, which includes the PN entrance examination and program application.
- 2. Applicants who meet the minimum TEASV scores must submit their completed application packet including references, official sealed high school transcript (GED® or WES evaluation), background check, and licensure limitation letter if applicable no later than one month after the entrance exam date.
- 3. Applications are evaluated in the order they are received; only complete applications will be processed.
- 4. Upon acceptance into the program, the applicant is responsible to submit a \$100.00* Admission Fee (non-refundable) this will assure a seat in the next available session.
- 5. Applicants will be notified of the Admission Committee's decision by mail. If you are not selected you may re-apply the following year.

Practical Nursing Program Requirements

- Pass each grading area with a minimum of 75%.
- Pass all clinical components.
- Complete the minimum number of hours required (approx. 1,080).
- Current CPR Certification.

Tuition and Anticipated Expenses

Tuition:	\$9,975.00 +
Testing/Application:	\$200.00 (non-refundable)
Admission Fee:	\$100.00 (non-refundable)

Additional Expenses (approximate)

Books: \$400.00	Physical Exam: varies
Uniform/Shoes: \$200.00	CPR Certification: varies
Licensing Exam/Fees: \$343.00	Background Check: \$143.75

Classes begin in January and September Class Location: CTI Davs: M - F Full Time: 8:10-3:10 PM

.....

Part Time: 1st year: 12:10 - 3:10 PM 2nd year: 8:10 – 11:10 AM



Starting your Adult Education Program... High School Equivalency preparation instruction begins at



8:30 AM (every week)

Wednesday 3:30 PM (2nd and 4th Wednesday each month)

Also available at the Beacon Howland Library

Monday 9:30 AM (1st Monday each month)

There is a \$10 non-refundable Registration fee due at Orientation. Exact cash, Bank Checks or Money Orders payable to Dutchess BOCES will be accepted. Plan about three (3) hours to learn about our programs and take the Test for Adult Education (TABE). Once we know your educational level, we can recommend the best class for your success!

Literacy programs at Dutchess BOCES are approved through the New York State Department of Education. Our programs have had a High School Equivalency pass rate over 70% for the past 7 years! It's all on our New York State REPORT CARD! And our teachers are all New York State Department of Education Certified. Come to the program with proven success!

Take the TASC Test!

Test Assessing Secondary Completion (TASC), is a national high school

equivalency assessment to help individuals address their need for advancement.



TEST **ASSESSING SECONDARY**

TASC assesses five subject areas including Reading, Writing, Mathematics, Science, and Social Studies. It measures examinees' levels of achievement relative to that of graduating high **COMPLETION™** school seniors and readiness for college and the workforce, as outlined by the Common Core State Standards.

A Chance for Every Adult to Advance in a Career and in Life.

TASC TEST DATES

September 18 & 19, 2015 October 16 & 17, 2015 November 13 & 14, 2015 December 11 & 12, 2015

September 11 & 12 - Spanish November 20 & 21 - Spanish

Test Site 356 Dutchess Community College Bowne Hall, Rooms 122, 104 and 107 53 Pendell Road, Poughkeepsie, New York 12601

You can leave a message with your name and address at any time. If you are under 19 years old, please let us know.

Call Dutchess BOCES for an application to take the test: 845.483.3640 ext. 6108

Giving Ready Adults a Study Program

Would you like to earn your high school equivalency diploma but don't have the time to attend a class? Packets now available by using email.



Designed for adults with a minimum reading grade level equivalent of 8.0 who are seeking a high school equivalency diploma. Students must be able to work independently and devote at least 6 hours per week to studying. Individualized home study packets are delivered twice a month via the regional library network, by mail or through email and may be combined with three (3) hours of classroom tutoring.

Adult students need to be 21 years or older. Also, new this year - having access to a computer with email and internet service will allow you to complete packets without paper and pencil.

OR, attend our ABE/HSE class at Adriance Library Tuesday and Thursday from 9:30-12:30 to meet a GRASP teacher. (Other Library sites may be available throughout the year, please call for details.)

As with all our classes students will need to attend a Wednesday "Orientation" at the ALI location in Poughkeepsie to determine qualifications for this program.

All home study students are required to attend both pre and post assessment sessions during the school year at ALI!

There is a \$10 non-refundable Registration Fee due at Orientation. Exact Cash, Bank Checks or Money Orders made payable to Dutchess BOCES accepted. This is a self-paced learning program.

Call For Details: 845.483.3640 ext. 6108

For other possible upcoming classes, please call our office.

DCBOCES ESL · CAREER AND EMPLOYABILITY



English as a Second Language for Beginner and Intermediate ESL Learners

The English as a Second Language (ESL) Program is for adults and is taught twice weekly for 6 hours. (El English Como Segunda Lengua es el programa de actultos y es dos veces por semana por seis horas.)



845.483.3640 ext. 6108

Please refer to our Web site for updates: www.dcboces.org/adults

Dutchess BOCES ALI

Lunes de 9:00 am hasta el mediodía Miércoles de 10:00 am (Únicamente con cita previa)

INGLÉS PARA PRINCIPIANTES Y NIVEL INTERMEDIO PARA ESTUDIANTES DE INGLÉS COMO SEGUNDO IDIOMA (ESL)

El programa de Inglés como Segundo Idioma es para adultos.

ESL Horario de Evaluaciones y Sitios - Hay un arancel no retornable de diez dólares a ser pagado en el momento de la evaluación. Se acepta dinero en efectivo, cheques bancarios, u órdenes de dinero, con pago dirigido a BOCES Dutchess.

NUEVO! Comenzando pronto!

Clases de Inglés para adultos para profesiones de la salud! ç Está usted pensando en convertirse en una Asistente de Enfermera Certificada (CNA)? Nuestros cursos la ayudarán a prepararse y estar lista para la clase de Asistente de Enfermera (Nursing Assistant) que comienza en el Otoňo de 2016 (Spring 2016).

ESL/Salud (ESL/Health) 1:00 pm – 4:00 pm Lun-Mie-Vie Comenzando el 19 de Octubre, 2015

ESL/Términos Médicos (Med Terms) 1:00 pm — 4:00 pm Maand Jue Comenzando el 1 de Febrero, 2016

ESL/Asistente de Enfermera (ESL/NA) 1:00 pm – 4:00 pm Lun-Mar-Mie-Jue Comenzando en Abril, 2016 (Hay becas disponibles para reducer el pago de las clases) Llamar para detalles e información. Díganos cual es su idioma y nosotros traduciremos la información para usted. Llámenos al: 845.483.3640, extensión 6103

CLASES DE DÍA

(Llame para hacer una cita para inscribirse en las clases diurnas) Disponibles en:

Dutchess BOCES ALI One Civic Center Plaza, Suite 300 Poughkeepsie Lunes, Miércoles, y Viernes De 9:00 am a 12:00 pm Martes y Jueves De 9:00 am a 12:00 pm

NUEVO!

Art Centro 485 Main Street, Poughkeepsie Dates and Time TBD

CLASES DE NOCHE

Disponibles en:
NUEVO! Dutchess BOCES ALI
One Civic Center Plaza, Suite 300
Poughkeepsie
Lunes Y Miércoles
De 6:00 pm a 9:00 pm

NUEVO! Community Action
Partnership / Beacon
313 Main Street, Beacon
Martes y Jueves
De 6:00 pm a 9:00 pm

DCBOCES ESL · CAREER AND EMPLOYABILITY

English for Beginner and Intermediate ESL Adult Learners



Assessment Schedule and Location

ALI, Poughkeepsie

Monday (Lunes) 9:00 AM - Noon. Wednesday (Miercoles) - 10:00 AM By Appointment Only - Sólo con cita previa. There is a \$10 non-refundable registration fee due at the time of assessment. Cash, Bank Checks, or money orders accepted payable to Dutchess BOCES.



DAYTIME CLASSES

Call for registration appointment for day classes.

Dutchess BOCES ALI One Civic Center Plaza, Suite 300 Poughkeepsie M, W and F 9:00 AM-NOON

T-TH 9:00 AM-NOON

NEW!

Art Centro 485 Main Street, Poughkeepsie Dates and Time TBD

EVENING CLASSES

Dutchess BOCES ALI One Civic Center Plaza, Suite 300 Poughkeepsie M-W 6:00 PM – 9:00 PM

NEW!

Community Action
Partnership / Beacon
313 Main Street, Beacon
M-W 6:00 PM — 9:00 PM

NEW! Coming Soon!

English Classes for adults preparing for health careers! Are you thinking about becoming a Certified Nursing Assistant? Our preparation will help you be ready for the Nursing Assistant class in Spring 2016.

ESL/Health
1:00 PM — 4:00 PM M-W-TH
Starting October 19th
(No cost after Orientation Test fee of \$10.00)

ESL/Med Terms
1:00 PM - 4:00 PM T & TH
Starting February 1, 2016
(No cost if enrolled in ESL/Health – otherwise \$10.00 testing fee and \$50.00 tuition)

ESL/NA 1:00 PM — 4:00 PM M-T-W-TH Starting April, 2016 (Education scholarships available to reduce standard NA tuition — see Page 4 for Nursing Assistant course description and fees.)



Call us for details. Tell us your language and we will work to translate this information for you!

Call us at 845.483.3640 ext. 6103

If you need a

High School Equivalency Diploma We are here to help You! Dutchess BOCES Adult Learning Institute (ALI) is an approved

New York State Department of Education full service literacy program.



We are an important step on your path toward becoming college or career ready. Our classes are conveniently scheduled both day and evening at our Poughkeepsie-ALI location and our partner community locations.

NEW this FALL - TASC Fast Track

Daytime Class Starts September 21st from 10 AM-1 PM! This program is for individuals preparing to take the TASC™ to earn a New York State High School Equivalency Diploma. Formerly this was referred to as a GED®.

At ORIENTATION you will learn admissions requirements. Students will need to commit to a four day a week schedule for six weeks, a total of 72 hours of instruction. 80% attendance is required.

(Evening Class Starts September 14th ~ 6 PM - 9 PM. Only two days a week!) ENROLL for the FALL class NOW and you may have your High School Equivalency Diploma before the new year! Next start date: January 25, 2016

High School Equivalency (HSE) & Adult Basic Education (ABE) Class Schedule

ALI – One Civic Center Plaza Suite 300, Poughkeepsie

NEW! TASC Fast Track 10:00 AM-1:00 PM M-T-W-TH (10th – 12th Grade Levels) T-W-TH (8th – 10th Grade Levels) **ABE Intermediate** 9:00 AM-12:00 PM 9:00 AM-12:00 PM T-TH (Entry – 8th Grade Levels) ABE (Entry - 10th Grade Levels) NEW! ABE/HSE 12:30 PM-3:30 PM T-TH ABE (Entry - 10th Grade Levels) 6:00 PM-9:00 PM M-W-TH (7th - 12th Grade Levels) 6:00 PM-9:00 PM T-TH



*Workplace Literacy classes available at no cost with attendance in any ABE/HSE/ESL class.

Community Partner Locations

ABE/HSE 9:30 AM-12:30 PM T-TH Adriance Library – Teen Study Room, 93 Market Street, Poughkeepsie ABE/HSE 9:45 AM-1:15 PM Beacon Howland Library, 313 Main Street, Beacon. ABE/HSE 12:30 PM - 3:30 PM M-W Dutchess One-Stop, 191 Main Street, Poughkeepsie ABE/HSE 6:00 PM - 9:00 PM M-W Community Action Partnership, Beacon, 10 Eliza Street ABE/HSE 6:00 PM - 9:00 PM M-W Community Action Partnership Red Hook, 44-46 E Market Street, Red Hook

Typing at your own pace! NEW!

Do you struggle with the keyboard? Do you time out on internet applications, or kiosk applications because you can't find the keys? A typing tutorial is available to all ABE/HSE/ESL students daily from 8:00 AM — 9:00 AM, just before classes start. Come in and sign up so you can practice a little every day!!

Career Readiness is NEWI **Workplace Literacy!**

Class is held for only 12 hours the first two weeks of every month! Tuition is \$115 - or -- * at no cost* if you enroll in any Adult Education ABE/HSE/ESL class. Register with our front office staff or with your classroom teacher.

Topics will include: Communication at the Worksite, Decision Making and Problem Solving, Cover Letter Do's and Don'ts, and Resume preparation.

JR/CR 12:30 PM-4:00 PM T-TH ALI - Rm 114

TASC™ Calculator Workshop NEW!

Be prepared to use the provided calculator at the TASC™ exam. Don't assume you will know how it works. This workshop provides an overview of the calculator and hands on practice using the calculator to solve several TASC™ practice math questions.

Workshops are located at ALI and *held every third Saturday* from 9:00 AM to 11:00 AM. The fee is \$35.00 for each workshop attended. Please call if you have any questions or to register for the next scheduled workshop.

AUTOMOTIVE TECHNOLOGY

These classes are being delivered to meet the training needs for students who may need the proper instruction and work component to sit for their

ASE Exam for steering and suspension. ASE Exams and guidelines for qualifications needed to take ASE exams can be found www.ase.com.

This program is divided into two sections and when combined will deliver a combined total of 60 hours of instruction

and shop practice. **EXTRA FEES:** \$60 Materials and Lab Fee for each section. Textbook is the same as used in Auto 1 & 2. Students needing to purchase can do so for an additional fee.

Steering and Suspension 1

- General Suspension and Steering Systems Diagnosis
- Steering Systems Diagnosis and Repair
- · Related Suspension and Steering Service

TR-84F15SEPCTI \$335 + Days: TUE 6:00 - 9:00 PM

Location: CTI Rm 211

Sessions: 10 (30 Hrs) 9/22/15 – 11/5/15 Instructor: TBA

Steering and Suspension 2

- Wheel Alignment Diagnosis
- · Adjustment, and Repair
- · Wheel and Tire Diagnosis and Repair

TR-85W16FEBCTI \$335 + Days: TUE 6:00 – 9:00 PM

Location: CTI

Sessions: 10 (30 Hrs) 2/2/16- 4/5/16 Instructor: TBA

Auto Body Repair 1 for Beginners and Restorers

Students will learn the correct practices and theory to make body repairs to new cars, classic automobiles and motorcycles. This program covers skills needed to begin a career in the auto body field. This includes: safety, panel repair, sheet metal replacement, component prep, sanding and painting. Limited mig welding instruction is included in this program. Sorry only parts and panels can be allowed due to limited space in the shop. Entire vehicle painting will not be possible during this program. Safety glasses included.

EXTRA FEE: \$105 Supplies

TR-67F15SEPTCTI \$335 + Sessions: 10 (30 Hrs)
Days: T 6:00 – 9:00 PM 9/22/15 – 11/24/15
Location: CTI Rm 212 Instructor: Baisley

Auto Mechanics 1

Learn beginning techniques in auto maintenance and repair. Topics include; starting, charging, fuel, ignition, heating and cooling; engine theory and operation, brakes, alignment, transmissions, NYS inspection, sensors, and more. Students may bring their own vehicle to work on, with instructor's permission. Safety glasses included.

EXTRA FEES: \$60 Supplies/\$99 Textbook

Register by phone: 845.483.3640



Auto Mechanics 2

Electrical, Electronics, and OBDII

This program is designed for students with entry to mid-level knowledge of the automobile electrical system. Learn from an advanced technician all the terms, systems, operation and diagnostic procedures. A great deal of hands on shop time is included in this class. Outside reading will be suggested to further your understanding between classes. Textbook is the same as Auto 1. Student needs to bring digital DVOM for this class. Safety glasses included.

EXTRA FEES: \$60 Student Lab/ \$99 Textbook (if textbook needed)

TR-56F15SEPTCTI \$335+ Sessions: Days: W 6:00 – 9:00 PM 9/16/1 Location: CTI Rm 210 Inst

Sessions: 10 (30 Hrs) 9/16/15 – 12/9/15 Instructor: TBA

Dutchess BOCES Adult Learning Institute 11

ALTS SHSP OREN

Hobby Auto Shop-Need a Lift?

Are you a past student of our Automotive Program and need a little more supervised time in the shop? This class is for you. Bring in your own car to perform maintenance or repairs in a supervised shop setting. Our instructor is here to help and assist you if needed and explain how to perform the desired task in a shop setting. You are WELCOME - If you are a beginner or have experience, our shop is better than your driveway!

\$10.00 Safety glasses if you do not have them. Students are required to bring or purchase ANSI approved safety glasses and wear while working at all times in the shop.

Sessions: 5 (15 Hrs)

10/2/15 - 10/16/15

Instructor: Parquet

Sessions: 5 (15 Hrs)

10/23/15 - 11/6/15

Instructor: Parquet

Sessions: 5 (15 Hrs)

11/13/15 - 12/4/15

TR-83F150CTCTI1 \$165 + Days: F 6:00 - 9:00 PM Location: CTI

TR-83F150CTCTI2 \$165 + Days: F 6:00 - 9:00 PM Location: CTI

TR-83F15NOVCTI3 \$165 + Days: F 6:00 - 9:00 PM Location: CTI





Small Engine Repair

Learn fundamental repair and diagnostic skills for working with two and four-cycle engines used on lawn care equipment. It is suggested that students have their own projects for lab work. Safety glasses included.

EXTRA FEES: \$110 Supplies/Textbook.

TR-24F15SEPCTI \$300 + Sessions: 10 (30 Hrs)

Days: T 6:00 - 9:00 PM 9/22/15 - 11/24/15

Location: CTI Rm 302 Instructor: Parquet

BUSINESS & INDUSTRY

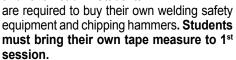
We can offer mechanical, HVAC modules, OSHA, electrical, plumbing & computer training, as well as professional development seminars to enhance your company's customer service skills. Please contact Robert Butler, Program Developer, at robert.butler@dcboces.org for your company's training needs.



CONSTRUCTION TECHNOLOGY

Arc Welding I

Students will begin their program with safety instruction and how relates to the welding trade. Students will work with oxygen and acetylene for cutting operations. They will be shown the technique and secrets of arc welding. Students will use 7018 rods to weld 1/4" plate in four positions. They will practice horizontal, vertical, Students and overhead.



Students must also pay a supply fee to cover steel, rods, gases and kit.

EXTRA FEES: \$283 Supplies/Shop

TR-01F15SEPCTI1 \$415 + Sessions: 10 (30 Hrs)
Days: M&W 6:00 - 9:00 PM 9/21/15 - 11/2/15
Location: CTI Rm 305 Instructor: Larkin

TR-01F15N0VCTI2 \$415 + Sessions: 10 (30 Hrs)
Days: M&W 6:00 - 9:00 PM 11/9/15 - 12/21/15
Location: CTI Rm 305 Instructor: Larkin



Arc Welding II

This welding class will begin where Welding I ended. Students will work with advanced stick welding techniques; learn to Mig weld along with learning the process of design and layout to produce a finished product. Students will use Mig welding technique to assemble their projects. The instructor will utilize his many years of experience to aid students and guide them from start to finish.

Students will have to bring their safety supplies from welding one to class. A fixed amount of material is covered by the supply fees charged. Usage of these supplies will be monitored by the instructor. It is the student's responsibility to purchase and arrange for delivery of additional materials if their projects exceed the standard classroom amounts.

Supply fee covers steel, rods, gases, and expendable supplies.

EXTRA FEE: \$240 Supplies/Shop - Additional safety kit may need to be purchased.

TR-02F15N0VCTI \$415 + Sessions: 10 (30 Hrs)
Days: T&TH 6:00 – 9:00 PM 11/5/15 – 12/14/15
Location: CTI Rm 305 Instructor: Larkin

Dutchess BOCES Adult Welding Classes do not prepare students for testing that leads to certification. We instruct in the correct technique and practices needed to become successful at welding. The entire process and students' accomplishments are based on their grasp of the concepts and their actual ability to perform to a level required for testing. Our instructor will provide feedback and advise them how to improve.

Lead Safety for Remodeling, Repair, and Painting (RRP)

EPA Renovation, Repair and Painting (RRP Rule) Renovator Initial Training Course

Effective April 22, 2010, The US Environmental Protection Agency (EPA) requires that all landlords, contractors, property management firms, or handymen who do renovation, remodeling or painting work, in pre-1978 housing or child occupied facilities, complete Lead Safety for Remodeling, Repair and Painting (RRP) training.

The EPA requires firms performing renovation, repair, and painting projects that disturb lead-based paint in pre-1978 homes, child care facilities, and schools be certified by the EPA and that they use certified renovators who are trained by the EPA approved training providers to follow lead-safe work practices.

8:00 AM – 5:00 PM Session: 1 (8 Hrs)
Location: CTI Instructor: Environmental Ed Associate

Initial Course Schedule Tuition: \$205 Course # Day Location TR-66F15SEPCTI1 Th SEP 24, 2015 CTI TR-66F150CTCTI1 Th OCT 22, 2015 CTI Th TR-66F150CTCTI1 OCT 29, 2015 Putnam TR-66F15NOVCTI1 Th NOV 19, 2015 CTI TR-66F15DECCTI1 Th DEC 17, 2015 CTI JAN 21, 2016 CTI TR-66W15JANCTI1 Th

Refresher Course Schedule Tuition: \$205

Course # Day Date Location
TR-91F15SEPCTI1 F SEP 25, 2015 CTI
TR-91F15NOVCTI1 F NOV 20, 2015 CTI
TR-91W15JANCTI1 F JAN 22, 2016 CTI

Register by Phone: 845.483.3640

Career Technical Institute (CTI) - 5 Boces Rd. Poughkeepsie, NY 12601

Putnam Location - Bureau of Emergency Services – 112 Old Route 6, Carmel, NY 10512



Heating Ventilation – Air Conditioning

The HVAC field is a \$175 billion per year industry that is not significantly influenced by the New York State economy. In the Mid-Hudson Valley there is an average of 25 positions advertised every month. There is a constant need for qualified technicians as every residential and commercial building has HVAC equipment that needs installation and service.

Our full program prepares the student to enter the industry after going through a National Oilheat Research Alliance (NORA) approved curriculum along with a NORA accredited instructor. Course content includes: heat transfer systems, system design and electrical theory and application.

HVAC Motors and Controls I & II

Topics include; basic control circuits, sensing devices, braking methods, types of motors, and students will study schematic diagrams to follow circuit connections.

HVAC Motors and Controls 1

TR-86F150CTCTI \$440 + Sessions: 10 (30 Hrs) Days: MON 6:00 – 9:00 PM 10/19/15 – 12/21/15 Location: CTI Rm 214 Instructor: Bynum

HVAC Motors and Controls 2

TR-87F15SEPCTI \$440 Sessions: 10 (30 Hrs)
Days: WED 6:00 – 9:00 PM 9/19/15 – 12/9/15
Location: CTI Rm 214 Instructor: Bynum

Oil Heating

The program is designed to teach individuals the fundamental skills of Oil heat. Upon successful completion of this program students will be entitled to take the NORA exam to become a Bronze level Oil Heat Technician. Topics will include: Personal safety, industry safety, carbon monoxide safety, nozzle combustion, basic electricity, drafting & venting, and ignition systems. The Lab hours will be used to reinforce the lessons learned in the classroom.

Payment Plan Available!

Oil Heat Service Technician

TR-88F15SEPCTI \$1580 Sessions: 34 (115 Hrs)
Days: T&TH 6:00 – 9:00 PM 9/22/15 – 1/28/16
Location: CTI Rm 214 Instructor: Ringel

Air Conditioning

Service technicians are in great demand. This program is designed for persons wishing to enter the residential and light commercial air conditioning service technician career path. Topics covered in this program:

Personal and professional safety • PPE • Air conditioning cycle • Refrigerants Reclaiming and recycling in compliance with EPA • EPA 608 certification

AIR Conditioning Technician

TR-89W16FEBCTI \$1450 Sessions: 34 (102 Hrs)
Days: M&W 6:00 – 9:00 PM 2/1/16 – 5/20/16
Location: CTI Rm 214 Instructor: TBA

Let us custom design a training program for you.

Our highly qualified instructors are available to

deliver training at your facility or in one of our classrooms. We can offer mechanical, HVAC modules, OSHA, electrical, plumbing & computer training, as well as professional development seminars to enhance your company's customer service skills.

Please contact: Robert Butler, Program Developer at 845.242.5482 or robert.butler@dcboces.org

CONSTRUCTION TECHNOLOGY

Residential House Wiring

An excellent combination of hands-on course work and electrical theory. Step-by-step procedures needed to wire a typical single family home are provided.



Safety glasses included.

Students
need to bring
linesman's pliers,
interchangeable
screwdriver, and
carpet knife/
wire stripper by
second night
of class.

EXTRA FEES: \$110 Materials/Lab

\$79 Textbook

HG-05F15SEPCTI \$339 +
Days: TH 6:00 – 9:00 PM
Location: CTI Rm 311

Sessions: 10 (30 Hrs) 9/24/15 – 12/3/15 Instructor: Berti

Welcome Mr. Al Berti, our experienced day time Career & Technical instructor is now teaching at night!!

Meet Instructor Ringel



training in North Dakota, Texas, New York, New Jersey, Connecticut, Massachusetts and Pennsylvania. Working his way through the industry, he began as a mechanic's helper to a service technician, a system designer, and then service manager and is currently working as an operations manager overseeing operations for 3 local fuel dealers. Technically, he specializes in system troubleshooting, combustion theory and operations as well as controls and wiring. He has been conducting industry training for over 20 years with a combination of classroom and hands on training seminars. He is a NORA and Certified Employee Training Program (CTEP) instructor and proctor with multiple licenses and certifications.

Residential Plumbing

Learn the principles of residential plumbing systems. Topics include home plumbing systems, tools, pipes, fittings, joining pipes, faucet and toilet repair. Hands-on labs include soldering ½" and ¾" copper, joining DMV pipe, and the use of brazing to repair home piping. Safety glasses included.

EXTRA FEE: \$110 Materials/Lab

HG-06F15SEPCTI \$300 + Sessions: 10 (30 Hrs)
Days: TH 6:00 – 9:00 PM 9/24/15 – 12/3/15
Location: CTI Rm 303 Instructor: Frolish



Window and Door Replacement

With energy costs going up, this can help save you some money and make your home more energy efficient and more comfortable on those cold winter nights. Instruction time will be spent addressing lead based paint and how to deal with contaminated materials. The instructor will also explain the advantages and disadvantages of different types of products on the market today.

Learn the proper technique to remove and install energy efficient door and window units yourself. This class will help you learn the proper way to measure, prepare opening, and install new energy efficient door and window units. Insulation and finish moldings will also be covered within this class. Safety glasses included.

EXTRA FEES: \$40 Materials/Supplies

TR-74F150CTCTI1 \$125+ 3 Sessions (9 Hrs)
Days: W 6:00 - 9:00 PM 10/7/15 – 10/21/15
Location: CTI Rm 304 Instructor: Safford

TR-74F150CTCT12 \$125+ 3 Sessions (9 Hrs)
Days: W 6:00 - 9:00 PM 10/28/15 – 11/1/15
Location: CTI Rm 304 Instructor: Safford

TR-74F150CTCTI3 \$125+ 3 Sessions (9 Hrs)
Days: W 6:00 - 9:00 PM 12/2/15 - 12/16/15
Location: CTI Rm 304 Instructor: Safford



How to Get Started:

- 1. Visit our Online Instructor Center: www.ed2go.com/dcboces
- Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
- 3. When your course starts, return to our Online Instruction Center and click on Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during the enrollment.

Start Dates:

New course sessions begin each month. Please visit our Online Instruction Center to see the exact start dates for the courses that interest you.

Requirements:

All courses require Internet access, e-mail, Microsoft Internet Explorer, or Firefox webs browsers. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

Complete listing available online at www.ed2go.com/dcboces



② SAVETIME SAVE \$\$\$ → GO ONLINE



Sessions Starting: August 12

September 16

October 14

November 11

December 9

Over 300 online courses available!



www.ed2go.com/dcboces/

Most courses run for six weeks. Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

Convenient for everyone!

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical
Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing

COMPUTER TECHNOLOGY

Basic Business Office Skills

This course will orient students with little or no experience. Providing students with the basic office skills & computer software skill sets, while also requiring to students prepare for the workplace with the creation of cover letters, a resume, and a practice interview.

EXTRA Fees: \$55 Textbook

CA-40F15SEPALI \$890 + Sessions: 27 (108 Hrs) Days: M & W 1:00 - 5:00 PM 9/21/15 - 1/13/16 **Location: ALI Instructor: Hughes**

Next Class: 2/8/16-5/1/16

ACCESS Database

- An Introduction

Enhance your software application skill set! This introductory course is for those individuals wanting to learn the basic steps for creating databases, forms, reports, tables and queries. These are just a few features this effective management tool provides.

CA-21F15DECALI \$100 Sessions: 3 (9 Hrs) Days: T & TH 5:30 – 8:30 PM 12/1/15 - 12/8/15 Location: ALI **Instructor: Minnerly**

Microsoft Word 2013

- An Introduction

Learn to efficiently use Word to create documents.

CA-07F15NOVALI \$100 Sessions: 3 (9 Hrs) Days: T & TH 5:30 - 8:30 PM 11/12/15 - 11/19/15 Location: ALI **Instructor: Minnerly**

Microsoft Excel 2013

- An Introduction

This course provides essential skills in creating electronic spreadsheets using Excel.

CA-12F150CTALI \$100 Sessions: 3 (9 Hrs) Davs: TH 5:30 - 8:30 PM 10/8/15 - 10/22/15 **Location: ALI Instructor: Minnerly**

Computer Basics for Seniors

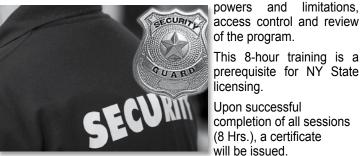
This is a fun and informative course designed especially for seniors! course will teach the basics of using a Windows based personal computer to communicate, organize and use the vast resources of today's digital age.

CA-30F15SEPALI \$80 Sessions: 2 (6 Hrs) Davs: T&TH 5:30 – 8:30 PM 9/22/15 & 9/24/15 Location: ALI **Instructor: Minnerly**

SECURITY GUARD

8 Hr. Pre-Assignment Security Guard Training

We are approved by the Division of Criminal Justice to offer this 8-hour state mandated course for those interested in working as security guards or individuals acting in security functions. Topics include: Introduction



This 8-hour training is a prerequisite for NY State licensing.

Upon successful completion of all sessions (8 Hrs.), a certificate will be issued.

and

limitations.

to the 1992 Security Guard Act, conduct and ethics, the role of the security guard, legal

SC-01F150CTCTI1 \$75 Days: W & TH 6:00 – 8:00 PM **Location: CTI**

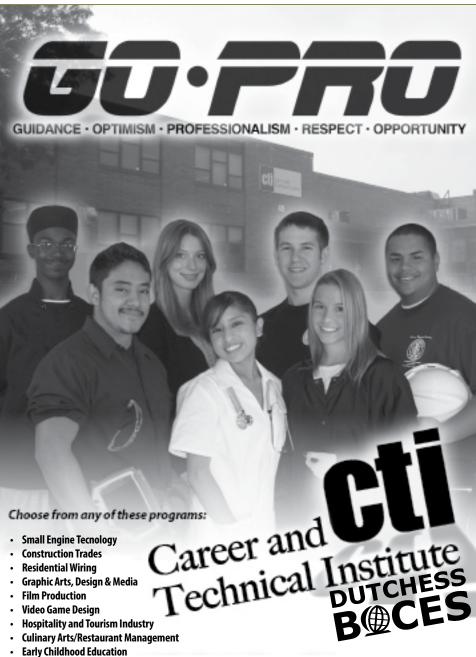
Sessions: 4 (8 Hrs) 10/21/15-10/29/15 **Instructor: Springstead** Students MUST bring their Social Security Card to the first class.

SC-01F15DECCTI2 \$75 Sessions: 4 (8 Hrs) Days: W & TH 6:00 – 8:00 PM 12/2/15 - 12/10/15 **Location: CTI** Instructor: Springstead

8 Hr. Pre-Assignment Security Guard Training Refund Policy

Students will be entitled to a 100% refund at any time prior to the start of instruction.

If an 8 hour course is divided between four 2 hour days, student will be entitled to a 50% refund if the student cancels after the start of instruction, but before start of second 2 hour block. Fees as indicated in our Course Catalog such as, any non-refundable registration fees, deposits, or cancellation fees do not apply to students registered in this class."



- Teaching Assistant Studies
- Intro to Health Occupations
- **Nurse Assistant**
- **Practical Nursing**
- Veterinary Science
- Cosmetology
- **Computer Repair**
- **Computer Networking**
- **Security and Public Safety**
- **Law Enforcement & Criminal Justice**
- **Automotive Technician**
- **Auto Body Repair**
- **Career Exploratory Program**

High School Students Get College Bound or Job Ready!

To Schedule a tour call: 486-8001

For detailed information on our programs go to:

www.dcboces.org/CTI

HOUR DEFENSIVE DRIVING SCHEDULE

Reduce Points. Save Lives. Save Money.



Did You Know...

- Our course and our instructors are sponsored by the National Safety Council.
- If you're a member of a GROUP, ORGANIZATION or BUSINESS & INDUSTRY, you can get a DISCOUNT to offer this class, and it can be held at your site.

Benefits...

- Learn to drive defensively and avoid traffic accidents.
- Reduction of liability and collision insurance premiums.
- Reduction of up to four penalty points on your driving record.

	Course	Session(s)	Day	Date	Site	Time
	DD-49F15AUGALIA	1 Session	SAT	8/15/15	ALI	9:00 AM – 3:30 PM
Ì	DD-49F15AUGALIA1	1 Session	SUN	8/23/15	ALI	9:00 AM – 3:30 PM
	DD-50F15SEPALIA	1 Session	SAT	9/12/15	ALI	9:00 AM – 3:30 PM
	DD-50F15SEPALIA1	1 Session	SUN	9/27/15	ALI	9:00 AM – 3:30 PM
	DD-51F150CTALIA1	1 Session	SAT	10/24/15	ALI	9:00 AM – 3:30 PM
	DD-52F15NOVALIA	1 Session	SAT	11/7/15	ALI	9:00 AM – 3:30 PM
d	DD-52F15NOVALIA1	1 Session	SUN	11/15/15	ALI	9:00 AM – 3:30 PM
	DD-53F15DECALIA	1 Session	SUN	12/6/15	ALI	9:00 AM – 3:30 PM
	DD-53F15DECALIA1	1 Session	SAT	12/19/15	ALI	9:00 AM – 3:30 PM

*Subject to change without notice.
Course starts promptly at time indicated as mandated by the National
Safety Council (Student allotted one reschedule without penalty).
You will not be admitted to class if you are late!
NO EXCEPTIONS WILL BE MADE!

Please be sure to bring your Driver's License to class.

ALI

One Civic Center Plaza, Suite 300, Poughkeepsie, NY 12601

CTI

5 BOCES Road, Poughkeepsie, NY 12601

Defensive Driving Course Online

Go to www.nscdefensivedriving.com/newyork

follow the directions... Enter in 335 (our agency code) when prompted to enter referral code.

DMV: 5-HOUR PRE-LICENSING

Tuition \$35



PL-01F15AUGALI	Days: SAT	08/15/15	ALI	9:00 AM – 2:00 PM Staff	
PL-01F15SEPALI	Days: SAT	09/12/15	ALI	9:00 AM – 2:00 PM Staff	
PL-01F15SEPCTI	Days: MON	09/21/15	CTI	4:00 PM - 9:00 PM Staff	
PL-01F150CTCTI	Days: TH	10/08/15	CTI	4:00 PM – 9:00 PM Staff	
PL-01F150CTALI	Days: SAT	10/24/15	ALI	9:00 AM – 2:00 PM Staff	
PL-01F15NOVALI	Days: SUN	11/15/15	ALI	9:00 AM – 2:00 PM Staff	
PL-01F15DECCTI	Days: WED	12/16/15	CTI	4:00 PM – 9:00 PM Staff	

DMV: 5-Hour Pre-Licensing Course

A mandated 5-Hour course for all permit holders to obtain a New York State Drivers License. Course will result in receiving your MV-278 certificate needed for road test appointment.

Bring Permit to Class

PERSONAL HEALTH



Dr. Jeff Saffir has many years of experience in educating people to understand the cause of their health problems as well as teaching natural activities to help people feel their best.

Dr. Jeff Saffir is offering the following series of workshops to educate you on how to improve your health.

How to Avoid Stress Related Health Problems

Stress is the underlying cause of many illnesses. In this workshop, you will become aware of the symptoms of stress, how stress affects your overall health and what you can do to relieve it.

 HW-03F15DECALI
 \$9
 Sessions: 1 (1 Hr)

 Days: T
 6:00 – 7:00 PM
 12/8/15

 Location: ALI
 Instructor: Saffir

Nutrition NEW!

What exactly is a healthy diet? In this workshop, you will be provided the clear tips for healthier eating based on sound scientific evidence. You won't find out what you should eat – but why?

HW-06F15N0VALI \$9 Sessions: 1 (1 Hr)
Days: T 6:00 – 7:00 PM 11/10/15
Location: ALI Instructor: Saffir

Natural Solutions to Digestive Problems

This workshop on the digestive system covers how stress affects digestion, and preventive measures and natural approaches to improving health of the digestive system.

 HW-07F15N0VALI
 \$9
 Sessions: 1 (1 Hr)

 Days: T
 6:00 – 7:00 PM
 11/17/15

 Location: ALI
 Instructor: Saffir

The Connections of Health

This informative and enlightening workshop will shift your perspective on health and wellness by exploring: What is health?; Expressive vs. suppressive health care; and other topics.

 HW-08F150CTALI
 \$9
 Sessions: 1 (1 Hr)

 Days: T
 6:00 – 7:00 PM
 10/27/15

 Location: ALI
 Instructor: Saffir

Three Solutions to Health Problems

Why do people get sick? This workshop covers the three underlying causes of health problems including stress, toxicity, and nerve interference. It will give not only a complete understanding of illness,

but also the solutions first by educating people on what is going on with their health, and then how you can use natural healthcare, cleansing, together with nutritional supplementation to prevent and eliminate the cause of disease.

HW-15F15OCTALI \$13 Days: T 6:00 – 7:30 PM

Location: ALI



PERSONAL ENHANCEMENT

Bartending

Do you enjoy meeting people and want a challenging yet fun career? If so, then take a tip and become a Bartender. Hands-on training will be provided using non-alcoholic substitutes for mixing.

BA-01F150CTALI \$132 Sessions: 10 (15 Hrs)
Days: TH 8:00 – 9:30 PM 10/1/15 – 12/10/15
Location: CTI Instructor: Kelsey

Sessions: 10 (15 Hrs)

Getting Paid to Talk, An Introduction to Professional Voice - Acting

Come and explore professional voiceacting for television, radio, audio books, and more! You'll even record a commercial under the direction of our producer! This class is informative and lots of fun.

LA-10F15NOVALI \$29 Sessions: 1 (2.5 Hrs)
Days: M 6:00 – 8:30 PM 11/16/15
Location: ALI Instructor: Staff

New York State Notary Public Training

Prepare for the New York State's Notary Public exam. This course offers an in-depth study of the office of New York State Notary Public including an understanding of the Notary Public Law.

The instructor will have study resources available for participants.



NP-01F150CTALI1 \$35 Days: SAT 9:00AM — NOON Location: ALI

NP-01F15NOVALI2 \$35 Days: M 5:30 - 8:30 PM Location: ALI Sessions: 1 (3 Hrs) 10/3/15 Instructor: Werba

Sessions: 1 (3 Hrs) 11/9/15 Instructor: Werba



DID YOU KNOW THAT WE OFFER

- Funding assistance for many training programs?
- A variety of workshops and services to help support your job search activities?
- A resource room with computers for job search, resume and cover letter, resume writing and printing, and telephone for job search related calls?

All services at Dutchess County One Stop Career Centers are free to the public. Eligible customers who need occupational skills training to find or maintain gainful employment may request funding assistance. Detailed information about our services and funding opportunities is a vailable at our website. We are proud to offer priority of service to veteran and eligible spouses.

EOE/P auxilliary aids and services available upon request to individuals with disabilities

Your Workforce Connection 191 Main Street, Poughkeepsie, NY 12601 845-249-4649 | www.dutchessonestop.org

PERSONAL ENHANCEMENT

Passport to Retirement

PTR will help you to overcome the roadblocks to a successful retirement. In three sessions, this comprehensive overview will serve as a passport to helping you make sound financial decisions: Define & create your retirement, assess the costs of retirement, evaluate sources of income, invest for the future, protect your health & wealth, receive funds from retirement plans, & manage your estate distribution. Develop and organize a detailed financial plan! Ages 35-75. A spouse/guest may attend free!

EXTRA FEES: \$25 Textbook payable to the instructor on 1st session.

MM-07F150CTCTI \$49 + Sessions: 3 (7.5 Hrs)
Days: TH 7:00 - 9:30 PM 10/8/15 - 10/22/15
Location: CTI Instructor: James P. Agrawal, CFP

History of Rock-n-Roll and NEW! Essential Recordings

A capsule history of rock-n-roll through the essential recordings from Jackie Brenston's "Rocket 88" and Bill Haley's "Rock Around the Clock" to Nirvana, U2 and Beyond. Enroll for this course today and join Pat Horgan who has many years of experience working with many rock icons.

MU-03F150CTCTI \$72 + Sessions: 4 (10 Hrs)
Days: F 6:30 - 9:00 PM 10/2/15 - 10/30/15
Location: CTI Instructor: Mr. Pat Horgan
No class 10/23/15

Long-Term Planning for Independent Living

All are welcome to this informative program about services available for individuals who prefer to remain in their own homes rather than move to an assisted-living facility. Nicole Peluse will introduce options to those entering retirement and beyond to help plan for long-term independent living. You will gain an overview of options for care, support, services and technology with the goal of maintaining an independent lifestyle. Bring a bag lunch!

 HC-25F150CTALI1
 \$12
 Sessions: 1 (1 Hr)

 Days: M
 12:30 PM – 1:30 PM
 10/19/15

 Location: ALI
 Instructor: Peluse

 HC-25F15DECALI2
 \$12
 Sessions: 1 (1 Hr)

 Days: M
 12:30 PM – 1:30 PM
 12/7/15

 Location: ALI
 Instructor: Peluse

Yoga

Yoga is a style of Hatha yoga that concentrates on breathing, feeling and listening to the body. Yoga features both strength, cardiovascular conditioning and flexibility components using music to enhance the experience. All poses can be modified for beginners through intermediate. Wear comfortable clothes and bring a yoga mat and water.

YF-1F15SEPBETA \$137 Sessions: 20 (20 Hrs)
Days: M & TH 5:15 – 6:15 PM 9/28/15 – 12/10/15
Location: BETA Instructor: Blauvelt

DANCE STUDENTS: Please bring soft leather-soled shoes.

Basic Ballroom and Latin Dance Class

Basic Ballroom/Latin dance class covers the basic steps of the Foxtrot, Waltz, Merengue, Rumba, Cha-cha, Swing or any other dance students request. Instructor: Dance Master Esther Odescalchi.

DA-15F150CTBETA \$99 Sessions: 8 (8 Hrs)
Days: M 7:00 – 8:00 PM 10/5/15 – 11/30/15
Location: BETA Instructor: Odescalchi
No class 10/12/15

Latin Dance Class

The class will include the Bachata, Salsa and Mambo Merengue and any other Latin dance students request. Basic as well as more advanced patterns will be taught. Pure fun! If you plan a cruise to the Islands, you surely want to know these dances.

DA-20F150CTBETA \$99 Sessions: 8 (8 Hrs)
Days: M 8:00 – 9:00 PM 10/5/15 – 11/30/15
Location: BETA Instructor: Odescalchi
No class 10/12/15

Want to Share with Others?

Hobbyists/Teachers wanted to share their special area of expertise.

Classes can be designed to teach part time evenings for adults. Please send your resume and details regarding your hobby to:

linda.way@dcboces.org or fax to 845.483.3641 Attention: Linda Way

ALI - Adult Learning Institute
One Civic Center Plaza, Suite 300, Poughkeepsie, NY 12601

THE ARTS

Anyone Can Draw! Level I

This is an introductory class for anyone who wants to begin to visually communicate or improve basic sketching skills. Knowing how to draw is like knowing how to write your name, and this knowledge gives you a broad means of communicating your ideas without restriction. As they say, "A picture is worth a thousand words." Once drawing is learned, anything that the mind can picture can be drawn.

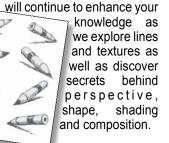
Drawing is easy once the Seven Elements of Drawing have been taught. It is easier to learn than reading and writing. Once you see for yourself, you will wonder why you hadn't tried this before!

EXTRA FEES: \$20 Supply Fee (supply fee due at time of registration with tuition) and \$15 Textbook Fee (payable to instructor 1st day of class)

AC-27F150CTALI \$75+ Sessions: 3 (9 Hrs)
Days: SAT 9:00 – NOON 10/3/15 – 10/17/15
Location: ALI Instructor: Ferrara

Anyone Can Draw! Level II

You have mastered the Seven Elements of Drawing in Level I. Therefore, it's time to enroll in Level II. This five-session course



EXTRA FEES APPLY IF YOU DON'T HAVE SUPPLIES FROM ACD! LEVEL I:

\$20 Supply Fee (supply fee due at time of registration with tuition), \$15 Textbook Fee (payable to instructor 1st day of class)

AC-28F15NOVALI \$125+ Sessions: 5 (15Hrs)
Days: SAT 9:00 – NOON 11/7/15 – 12/12/15
Location: ALI Instructor: Ferrara
No Class 11/28/15

Digital Photography Introductory

This course will familiarize you with digital terminology such as what is a pixel, resolution, mega byte, jpeg file, raw file, etc. You will also become familiar with your camera settings and functions, as well as basic composition of a photograph. No prior experience is necessary. Students are encouraged to bring their own cameras to the class

DP-01F15SEPALI \$45 Session: 1 (3 Hrs)
Davs: T 5:30 – 8:30 PM 9/29/15

Location: ALI Instructor: Delmerico

Digital Photography *Intermediate*

A basic understanding of the digital media is required for this course. Students will become aware of the advantages of the digital format, and delve deeper into understanding the menu of the digital camera and adjustments to fine tune your photos. Students are welcome to bring their equipment to the class.

 DP-02F150CTALI
 \$45
 Session: 1 (3 Hrs)

 Days: T
 5:30 - 8:30 PM
 10/13/15

 Location: ALI
 Instructor: Delmerico

Digital Photography Made Simple 1-2-3

Have you ever looked at a photo and thought WOW - how did they do that? Enroll today for this exciting 3 session course presented by Sally Delmerico. The 1st session will be a review of your equipment; 2nd session will be a REQUIRED field trip and we'll take photos based on the information presented in the 1st session. The field trip is held on

a weekend afternoon to allow for enough light to photograph. The 3rd session will be a critique of our photos to include, but not limited, to such things as what worked and why or why not.

DP-03F150CTALI \$135 Sessions: 3 (9 Hrs)
Days: T 5:30 – 8:30 PM 10/27/15 – 11/10/15
Location: ALI Instructor: Delmerico

Introduction to Guitar NEW!

Have you dreamed of making music and thought you can't? Do you want to play simple songs? If you answered yes, then this course is for you! Mr. Pat Horgan, your instructor, will teach you the basic guitar operations in this course.

No class 11/27/15

Students need to bring an electric or acoustic guitar to class. In addition, please bring an extra set of strings, guitar pics and an electronic tuner to class.

MU-01F15NOVCTI \$98 Sessions: 6 (15 Hrs)
Days: F 6:00 – 8:30 PM 11/6/15 – 12/18/15
Location: CTI Instructor: Mr. Pat Horgan

Register by phone: 845.483.3640 Dutchess BOCES Adult Learning Institute 23

NEW!

nquiries regarding discrimination on the bases listed above may also be made to the United States Department of Education, Office of Civil Rights, 320 ld Slip, 26th Floor, NewYork, NY 10005, 646) 428–3800, ocr.newyork@ed.gov.

AGE REQUIREMENT

You must be at least 18 years of age and no longer in high school.

BOOKS AND SUPPLIES

Please read the course description. If there is a requirement to purchase books and / or supplies in addition to the tuition charge, it will be noted in the course description.

Book and supply prices are subject to change without notice pending notification of price changes made by a vendor.

NYS AND CSEA PARTNERSHIP

If you are registering with a voucher, you are responsible for paying textbook and supply fees at time of enrollment.

CALENDAR

Classes are not scheduled on school holidays observed by Dutchess BOCES.

CERTIFICATION OF ACHIEVEMENT

Certificates of Achievement are given to students who complete at least 85% of the total course requirements, including attendance. Courses under 30 hours do not qualify for certificates. Exceptions to this policy are noted in course descriptions where applicable. Duplicate certifications are available upon request for a \$10 fee.

WEATHER/CANCELLATIONS

If classes are cancelled, the notice of cancellation will be broadcast on local radio stations and posted on the Dutchess BOCES Web site as soon as possible. All cancelled classes will be rescheduled.

IF DAYTIME DUTCHESS BOCES CLASSES ARE CANCELLED, NO EVENING CLASSES WILL BE HELD.

SMOKING

Smoking is not permitted in any Dutchess BOCES building. The entire Dutchess BOCES campus is smoke-free.

PERSONS WITH DISABILITIES

Our campuses are accessible to persons with disabilities. Please notify us at the time of registration to discuss your individual requirements.

FOOD-BEVERAGES

There is no place to purchase food or beverages at CTI. Please do not bring food or beverages to your class unless advised in the course descriptions.

At ALI, there are nearby stores to purchase food and beverages before or after class.

DRUGS AND ALCOHOL

No illegal drugs or alcohol are permitted on any Dutchess BOCES premises at any time. All Dutchess BOCES locations are designated as "drug-free" schools and the campuses and surrounding areas are "drug-free zones".

DISCLAIMER

Dutchess BOCES does not endorse, take any responsibility for, or recommend any product or information presented or discussed in any course or any optional off-site meetings/planning consultations. Educational opportunities are offered without regard to sex, race, color, national origin, or disability. Dutchess BOCES is not responsible for typographical errors in course descriptions, prices, dates, and times.

Eligible veterans may qualify for GI benefits for the following courses: HVAC, Nursing Assistant, Phlebotomy, Real Estate, and Practical Nursing.

DUTCHESS COUNTY BOARD OF COOPERATIVE EDUCATIONAL SERVICES

Dutchess BOCES Board of Trustees

Edward L. McCormick President

> Michael Riehl Vice President

Ralph Chiumento, Jr. Dale Culver Thomas Hurley Robert Rubin Jim Milano

Nancy Pisanelli Clerk of the Board

Administration

Richard M. Hooley, *District Superintendent*Linda A. Heitmann, *Deputy Superintendent*Sherre Wesley, *Assistant Superintendent*for Business Services

Norah Merritt, Executive Director of Human Resources William Ball, Director of Educational Programs

STATEMENT OF NON-DISCRIMINATION

Dutchess BOCES offers employment and educational opportunities without regard to race, color, national origin, sex, disability, or age and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding this nondiscrimination policy may be directed to the following individuals. These officials will provide information, including complaint procedures to any citizen, student or employee who feels that his or her rights may have been violated by the BOCES or its officials.

Title IX Coordinator & Discrimination/Sexual Harassment – Employees

Linda A. Heitmann, Deputy Superintendent
Dutchess BOCES
5 BOCES Road
Poughkeepsie, NY 12601
Voice: 845.486.4800, ext 2250
linda.heitmann@dcboces.org

Section 504 & DASA Coordinator

Norah Merritt
Executive Director of Human Resources
Dutchess BOCES
5 BOCES Road
Poughkeepsie, NY 12601
Voice: 845.486.4800, ext 2278

$norah.merritt@dcboces.org \\ \label{eq:condition} \textbf{Discrimination/Sexual Harassment} - \textbf{Students}$

William Ball, Director of Educational Programs
Dutchess BOCES
5 BOCES Road
Poughkeepsie, NY 12601
Voice: 845.486.8004, ext 2222
william.ball@dcboces.org

Produced by Dutchess BOCES
Office of Communications and Grants Research
Genevieve Kellam, Administrator

24 Dutchess BOCES Adult Learning Institute

Register on-line: www.dcboces.org/adults

Desiree Ferrara, Public Information Officer

STRATION PROCE





1. Online:

Visit: www.dcboces.org/adults and follow the instructions. Save \$10 Annual Registration fee.

2. By Mail:

Complete the registration form provided on page 26.

- Be sure to make checks payable to **Dutchess BOCES.**
- To charge fees to your VISA, MasterCard or Discover Card, provide credit card information on the registration form.

Mail to: Registration

Dutchess BOCES, ALI

One Civic Center Plaza, Suite 300 Poughkeepsie, NY 12601

3. By Phone:

- You can register by phone 8:30 AM 3:30 PM with your VISA, MasterCard or Discover Card.
- Please call: 845.483.3640

4. In Person:

Registration will be accepted during the following days and hours:

Monday - Friday 8:30 AM - 3:30 PM

- Visit our ALI Location to register for courses at: One Civic Center Plaza, Suite 300 Poughkeepsie, NY 12601
- Checks, exact cash, money orders, VISA, MasterCard or Discover Card are accepted as payment.

Refunds:

No Refund

• Refunds may take up to 30 days

with a check or cash. Credit card refunds will be

to process if payment was made

credited to your charge account.

· Literacy/Training Registration Fee

Cancellation of Program:

Dutchess BOCES reserves the

right to cancel programs when

of registrants. If necessary, a

course may be cancelled prior to • We do not send written confirmations.

cancelled, you will be called and a full refund will be given. a full refund will be given.

Special Fees:

- \$10 Annual registration fee
- \$10 Duplicate document fee
- \$10 Assessment fee

Confirmation of Enrollment:

- Registration is on a first come, first enrolled basis.
- Payment must be made at the time of registration.
- there is an insufficient number You are officially enrolled when we receive and process your registration and payment.
- the start date. If your course is If your course is cancelled, you will be called and
 - · Classes may be subject to cancellation due to low enrollment.

Tuition Information:

- · The tuition fees are listed with each program description.
- Payment plans are available for on-site programs costing \$900 or more.
- · Payment plans will have a service fee.

Refund Policies

Refund Policy applies to all forms of payment for tuition, including third party vouchers.

For classes less than 100 hours:

Class cancelled by BOCES ALI **Full Refund** Student withdraws 4 days prior to class start date **Full Refund**

Student withdraws 3 days prior

through to the 2nd class session 50% Refund and \$15.00 fee Student withdraws after 2nd day of class **NO REFUND**

For classes more than 100 hours:*

Class cancelled by BOCES ALI

Register by phone: 845.483.3640

Student withdraws prior to 1st day of class

Student withdraws prior to completion of 10% class time and after completing the first day

Student withdraws after 10% class time

If a Student stops attending, or is dismissed from program * Details in Student Handbook distributed to students 1st day of class.

NO REFUND NO REFUND

and \$50.00 fee

Full Refund

Full Refund

Refund less 10% Tuition

ed2go.com/dcboces Online Courses

Dutchess BOCES agrees to reimburse \$62 of the \$110 course fee for any student who drops an online course after enrollment but before the completion of the course, and explains in writing his or her dissatisfaction with the course. Students need to inform Dutchess BOCES in writing that they are dropping the course and present a written explanation of the dissatisfaction with the course.

MAIL-IN REGISTRATION FORM

REGISTRATION FORM MAY BE COPIED

Last Name	First Name	MI
Address		Apt.#
City	State	ZIP
Home Phone	Work Phone	
Cell Phone	e-mail Address	

NYS and CSEA Partnership... If you are registering with a voucher, you are responsible for paying textbook and supply fees at time of enrollment.

Course#	Course Name	Course Date	Tuition	Texts	Supplies	Exams	Total*
* When you register online, the annual \$10			Regis	tration l	Fee:	\$10*	
registration fee is waived. (July 2015 – June 2016)					Grand T	otal:	

Total payment needs to include tuition plus textbooks and supplies fee if listed in description.

Method of Payment:

SAVE!
THE \$10 ANNUAL BY STRATION
REGISTRATION FEE ONLINE
ONLINE!
161

Check#						
Please make check payable to Dutchess BOCES						
☐ Money Order	Credit Card	DISCOVER	(Nasie Care)	VISA		
Card Holder's Name						
	(Please	e Print)				
Card Holder's Signature		Phone				
Credit Card Number						
			Credit Card Sec (see back of cre	urity Code dit card on signature line.)		
Credit Card Expiration Date						

Mail to:

Registration, Dutchess BOCES/ALI One Civic Center Plaza, Suite 300 Poughkeepsie, NY 12601



Retain this catalog for your course descriptions, refund policies, class schedule and directions!

Expires: January 2016





ALI Corporate Training

Corporate Training for the Workplace

Studies show that training and development have a positive impact on employee retention and to your bottom line.



Give your employees the training they deserve with Dutchess BOCES Adult & Continuing Education programs. We have high quality classes at reasonable rates!

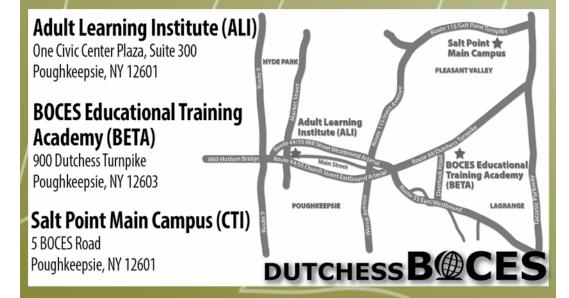
Enroll your staff in any course listed in this catalog or contact:

Robert Butler, Program Developer 845.242.5482 robert.butler@dcboces.org

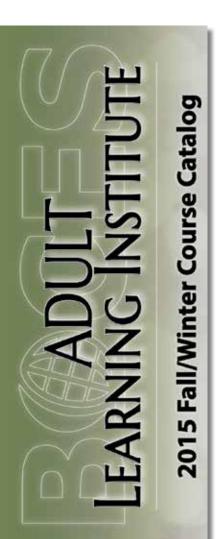
to plan a specific class to meet your needs.

Let Us Be Your Local Training Provider!

Where are we Located?



www.dcboces.org/adults



Call Dutchess BOCES ALI - 845. 483. 3640 or Visit us at www.dcboces.org/adults

Non-Profit Org U.S. Postage Paid Permit # 170 Newburgh, NY 12550

:CRWSS

RESIDENTIAL CUSTOMER