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## Boating the Hudson

On October 28, 2016 many students and staff observed colorful scenic views from the perspective of a Hudson River Boat ride from Kingston. The trip was organized by Mrs. Babb and the Incentive Committee. Fortunately, the weather was only partially cloudy for everyone to experience a good time. It was some students first time on a boat. The cruise lasted only a couple hours but the memories will last a lifetime.

*Enjoy the photos taken by Alana.*



# VOTING

Thanks to Mr. Blair, Andrew M., and many Volunteers, voting was held during lunches before the Nov. 8 Presidential election.

## 2016 Election BETA

75 out of 171 students voted

42 out of 99 MALES voted = 42%

30 out of 72 FEMALES voted = 41%

3 Gender Neutral voted

43% of students at BETA voted

# SPORTS

By Collin R.

**The World Series is over. The Cubs won it 8-7. The last time the Cubs won the World Series was in 1908!**

**Get ready for Football!**

# BETA CLUBS

REPTILE Club	Tuesday	4C Room.233	leader - Jacob S.
Newsletter Club	Wednesday	4C Room. 233	Editor - Alana C.
Computer Games	Thursday	4C Room 233	leader -Collin R.
Knitting Club and Ms. Kern	Thursday	7th Room 131	leader— Ms. Valise
Anime Club	Friday	4C Room. 233	leader - Alana C.
Chess Club	Friday	7th Room 106	leader— Mr. Petschko
Helping Hands		Room 213	leader - Ms. Santini
Green Team	2nd Monday of the month	2nd period Room 105	
Pres. Vmari, V.P. Cody, Sec. Alana, P.R. Katie			

## Please help Helping Hands

Help needed for “Shoebboxes for the Homeless” and holiday cards.

Sign up outside Mrs. Santini’s, Room 213.





# Student Council

Student Council held a food drive to benefit the local food bank. Students and staff collected 174 non-perishable items that we donated. The food was delivered on Nov. 18 to Mix 97.7, the radio station hosting this food drive. BETA was announced on the radio all weekend for our donations.

The top 5 homeroom teachers and students that collected the most food are: Mr. Blair, Mr. Coleman, Mr. King, Ms. Mulcahy, and Mr. Plant.

Staff and students received an acknowledgement thank you breakfast of bagels, munchkins and drinks courtesy of Mr. Jeffrey.





**Beta is so strong**

**Open mind to help kids.**

**Complete school to move on to college.**

**Education is for all.**

**Smart kids those who like it.**

#### Students' Gratitude List

##### FAMILY

I am grateful for my mom and dad because they put a roof over my head.

I am grateful for my stepdad because he has always been there for me.

I am thankful for my mom who helps me out with everything.

I am thankful for living at home with my parents where I am safe.

##### NATURE

I am grateful for the sunsets, they make me smile.

I am thankful for all the beautiful things that nature provides for the earth.

I am thankful for the clouds cuz they're so pretty and make rain.

I am grateful for snow because we miss school a lot.

##### NATIONALITY

I am thankful that my grandpa was accepted into America years ago. If it wasn't for him I wouldn't be here.

I'm grateful to be able to worship my religion and not be killed for it.

##### PLACE

I'm thankful for the National Parks because they prize the most beautiful scenery.

I'm grateful for the Malls where we can chill.

## **FITNESS**

*By Xayvion P*

***Fitness is good for everyone. It helps everyone by exercising your lungs, develops muscle even if you're just running around.***

***Here are some easy things you can do at home.***

**Step 1** lie on your back with the knees bent and feet flat on the floor. Place the exercise ball between your knees. lift the ball up in the air with your legs. Press your back down into the floor and tighten your abdominal muscles. Your hands should be on your head.

**Step 2** Exhale lifting your shoulders off the floor slightly.

**Step 3** At the same time, lift your hips off the floor slightly. Hold for 2 seconds then roll the hips back down with control, to start position for 1 full rep. Inhale. Be careful to not use momentum with this movement it is a small motion.



## **Will Be Missed**

EDGAR aka “our custodian, unexpectedly died on November 20. He had worked for BOCES for over 20 years. Edgar had to clean up mess made by students, paint, fix leaks in the ceiling, repair toilets, repair walls, doors, lighting and more. Edgar was always friendly and nice to both students and staff.

His death is a enormous loss to his family and to all of us at BOCES. We should all learn the lesson of appreciation and consideration for the custodial staff who “put up with” so much extra work and remain uncomplaining and nice.

# THE LARGEST LEARNING EVENT IN HISTORY

## **Hour of Code Dec. 5-11, 2016**

### COMPUTER SCIENCE EDUCATION WEEK

Join over 100 million students in in over 180 countries during 2<sup>nd</sup> period in Computer **room 233** for the **Hour of Code**.

We will be using activities featuring: *Minecraft*, *Star Wars*, *Angry Birds*, and *Plants vs. Zombies*.

**No experience needed!** All activities are self-paced and do not require any personal information to participate. Successful students will receive a **Participation Award**.

*Code.org* and *Microsoft* will debut **Microsoft Designer**, a **free tutorial** that uses the *Minecraft* environment to teach coding.

Space is limited to 10 students 2<sup>nd</sup> period **Dec. 5-Dec.9**. *Sign up today!*

## **ON NOVEMBER 22**



**ART Club** had a successful bake sale. Mrs. VanWagner can really bake! The cookies were amazing!

Students had fun at BINGO during 7th period on Tuesday, thanks to generosity of many staff who donated treats and gift cards. Ask anyone who attended the BINGO game, if they had fun and they will surely tell you that it was better than staying in class!

Participants had to EARN the privilege of attending based on school attendance, behavior and work ethic. Everyone left with a “goodie” bag!

Mrs. Thomas is moving from BOCES to be an Administrator at another district. She will be missed, Congratulations to her for her future success.